




























# Northern Virginia Academy February 2012 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				
		1 <b>AM Snack</b> Graham Crackers Flavored Yogurt <b>Lunch</b> Fish Nuggets Mashed Potatoes Buttered Corn Milk  <b>PM Snack</b> Animal Crackers Fruit Punch	2 <b>AM Snack</b> Ritz Crackers Mandarin Oranges <b>Lunch</b> Meat Ravioli Sweet Peas Diced Peaches Milk  <b>PM Snack</b> Cheese & Crackers Pineapple Juice	3 <b>AM Snack</b> Wheat Thins Applesauce <b>Lunch</b> Cheese Pizza Garden Salad w/ Tomatoes Diced Pears Milk   <b>PM Snack</b> Croissant w/ Jelly Water
6 <b>AM Snack</b> Vanilla Wafers Banana Pudding <b>Lunch</b> Turkey & Cheese Sandwich Chicken & Rice Soup Fresh Sliced Apples Carrot Sticks Milk  <b>PM Snack</b> Nutri-Grain Bar Water	7 <b>AM Snack</b> Saltine Crackers Mandarin Oranges <b>Lunch</b> Lasagna w/ Meat Sauce Sweet Peas Pineapples Milk  <b>PM Snack</b> Assorted Muffins White Grape Juice	8 <b>AM Snack</b> Graham Crackers Flavored Yogurt <b>Lunch</b> Salisbury Steak & Rice Cooked Carrots Diced Peaches Milk  <b>PM Snack</b> Fresh Sliced Oranges Fruit Punch	9 <b>AM Snack</b> Ritz Crackers Diced Pears <b>Lunch</b> Macaroni & Cheese Green Beans Diced Peaches Milk  <b>PM Snack</b> Gold Fish Pineapple Juice	10 <b>AM Snack</b> Graham Crackers Applesauce <b>Lunch</b> Chicken Nuggets Sweet Potato Puffs Broccoli w/ Ranch Dressing Milk <b>PM Snack</b> Bagel w/ Cream Cheese Water
13 <b>AM Snack</b> Vanilla Wafers Bananas <b>Lunch</b> Grilled Cheese Sandwich Tomato Soup Fresh Sliced Apples Milk   <b>PM Snack</b> Cheese-Its Grape Juice	14 <b>AM Snack</b> Saltine Crackers Diced Peaches <b>Lunch</b> Beans & Franks Tator Tots Diced Pears Milk  <b>PM Snack</b> Oatmeal Cookies Orange Juice	15 <b>AM Snack</b> Graham Crackers Flavored Yogurt <b>Lunch</b> Swedish Meatballs w/ Pasta Mixed Vegetables Pineapples Milk  <b>PM Snack</b> Animal Crackers Pineapple Juice	16 <b>AM Snack</b> Ritz Crackers Mandarin Oranges <b>Lunch</b> Macaroni & Beef Sweet Peas Diced Peaches Milk  <b>PM Snack</b> Cheese & Crackers Fruit Punch	17 <b>AM Snack</b> Wheat Thins Applesauce <b>Lunch</b> Cheese Pizza Garden Salad w/ Tomatoes Fresh Sliced Oranges Milk   <b>PM Snack</b> Croissant w/ Jelly Water
20 	21 <b>AM Snack</b> Saltine Crackers Mandarin Oranges <b>Lunch</b> Chicken Nuggets Buttered Corn Diced Pears Milk <b>PM Snack</b> Assorted Muffins White Grape Juice	22 <b>AM Snack</b> Graham Crackers Flavored Yogurt <b>Lunch</b> Sloppy Joe on Bun Tator Tots Pineapples Milk   <b>PM Snack</b> Fresh Sliced Oranges Fruit Punch	23 <b>AM Snack</b> Ritz Crackers Diced Pears <b>Lunch</b> Macaroni & Cheese Green Beans Diced Peaches Milk  <b>PM Snack</b> Gold Fish Orange Juice	24 <b>AM Snack</b> Graham Crackers Applesauce <b>Lunch</b> Fish Nuggets Mashed Potatoes Buttered Corn Milk  <b>PM Snack</b> Bagel w/ Cream Cheese Water
27 <b>AM Snack</b> Vanilla Wafers Banana Pudding <b>Lunch</b> Breaded Chicken Sandwich Chicken Noodle Soup Fresh Sliced Apples Carrot Sticks Milk  <b>PM Snack</b> Nutri-Grain Bar Water	28 <b>AM Snack</b> Saltine Crackers Diced Peaches <b>Lunch</b> Meat Ravioli Sweet Peas Diced Pears Milk   <b>PM Snack</b> Chocolate Chip Cookies Fruit Punch	29 <b>AM Snack</b> Graham Crackers Flavored Yogurt <b>Lunch</b> Salisbury Steak & Rice Cooked Carrots Diced Peaches Milk  <b>PM Snack</b> Animal Crackers Pineapple Juice	