



Northern Virginia Academy July 2010 Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

COME ONE



COME ALL!

			<p>1 AM Snack Ritz Crackers Mandarin Oranges Lunch Macaroni & Beef Green Peas Pears Milk PM Snack Gold Fish Juice</p>	<p>2 AM Snack Graham Crackers Apple Sauce Lunch Chicken Nuggets Green Beans Diced Peaches Milk PM Snack Bagel w/ Cream Cheese Juice</p>
<p>5 </p>	<p>6 AM Snack Wheat Thins Pineapple Chunks Lunch Chicken Quesadilla Corn Pears Milk PM Snack Blueberry Muffin Juice</p>	<p>7 AM Snack Graham Crackers Apple Sauce Lunch Baked Chicken on Bun Green Beans Pineapples Milk PM Snack Bagel w/ Cream Cheese Juice</p>	<p>8 AM Snack Ritz Crackers Sliced Peaches Lunch Ravioli Peas Peaches Milk PM Snack Gold Fish Juice</p>	<p>9 AM Snack Graham Crackers Apple Sauce Lunch Cheese Pizza Garden Salad w/ Tomatoes Fruit Cup Milk PM Snack Croissant w/ Jelly Juice</p>
<p>12 AM Snack Vanilla Wafers Bananas Lunch Turkey & Cheese Sandwich Broccoli w/ Ranch Dressing Mandarin Oranges Milk PM Snack Cheese Nips Juice</p>	<p>13 AM Snack Wheat Thins Fruit Cup Lunch Fish Nuggets Green Beans Pears Milk PM Snack Oatmeal Cookies Juice</p>	<p>14 AM Snack Saltines Sliced Apples Lunch Beef BBQ on Bun Carrot Sticks Fruit Cup Milk PM Snack Orange Muffins Juice</p>	<p>15 AM Snack Ritz Crackers Mandarin Oranges Lunch Chicken Taquitos Peas & Carrots Pineapples Milk PM Snack Gold Fish Juice</p>	<p>16 AM Snack Graham Crackers Apple Sauce Lunch Chicken Nuggets Green Beans Diced Peaches Milk PM Snack Bagel w/ Cream Cheese Juice</p>
<p>19 AM Snack Vanilla Wafers Bananas Lunch Chicken Nugget Sandwich Carrot Sticks Sliced Apples Milk PM Snack Cheese Nips Juice</p>	<p>20 AM Snack Wheat Thins Pineapple Chunks Lunch Steak Nuggets Corn Pineapple Chunks Milk PM Snack Blueberry Muffin Juice</p>	<p>21 AM Snack Graham Crackers Apple Sauce Lunch Breaded Chicken Sandwich Green Beans Mandarin Oranges Milk PM Snack Bagel w/ Cream Cheese Juice</p>	<p>22 AM Snack Ritz Crackers Sliced Peaches Lunch Macaroni & Cheese Steamed Broccoli Diced Peaches Milk PM Snack Gold Fish Juice</p>	<p>23 AM Snack Graham Crackers Apple Sauce Lunch Cheese Pizza Garden Salad w/ Tomatoes Fruit Cup Milk PM Snack Croissant w/ Jelly Juice</p>
<p>26 AM Snack Vanilla Wafers Bananas Lunch Baked Chicken Sandwich Cucumber Slices Fresh Melon Milk PM Snack Cheese Nips Juice</p>	<p>27 AM Snack Graham Crackers Fruit Cup Lunch Fish Nuggets Green Beans Pears Milk PM Snack Chocolate Chip Cookie Juice</p>	<p>28 AM Snack Saltines Sliced Apples Lunch Turkey & Cheese Roll-Up Broccoli w/ Ranch Dressing Pineapples Milk PM Snack Orange Muffins Juice</p>	<p>29 AM Snack Ritz Crackers Mandarin Oranges Lunch Ravioli Peas Fruit Cup Milk PM Snack Gold Fish Juice</p>	<p>30 AM Snack Graham Crackers Apple Sauce Lunch Chicken Nuggets Green Beans Diced Peaches Milk PM Snack Bagel w/ Cream Cheese Juice</p>