



# Northern Virginia Academy

## January 2018 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><b>CLOSED</b></p>	<p>2</p> <p><b>AM Snack</b> Saltine Crackers Mandarin Oranges</p> <p><b>Lunch</b> Swedish Meatballs w/ Pasta Green Beans Diced Pears Milk</p> <p><b>PM Snack</b> Assorted Muffins Fruit Punch</p>	<p>3</p> <p><b>AM Snack</b> Ritz Crackers Diced Peaches</p> <p><b>Lunch</b> Grilled Cheese Sandwich Tomato Soup Applesauce Milk</p> <p><b>PM Snack</b> Oatmeal Cookies White Grape Juice</p>	<p>4</p> <p><b>AM Snack</b> Graham Crackers Flavored Yogurt</p> <p><b>Lunch</b> Lasagna w/ Meat Sauce Mixed Vegetables Diced Peaches Milk</p> <p><b>PM Snack</b> Goldfish Crackers Grape Juice</p>	<p>5</p> <p><b>AM Snack</b> Saltine Crackers Applesauce</p> <p><b>Lunch</b> Cheese Pizza Garden Salad Pineapple Milk</p> <p><b>PM Snack</b> Croissant w/ Jelly Water</p>
<p>8</p> <p><b>AM Snack</b> Vanilla Wafers Banana Pudding</p> <p><b>Lunch</b> Turkey &amp; Cheese Sandwich Chicken &amp; Rice Soup Applesauce Milk</p> <p><b>PM Snack</b> Cheese-Its White Grape Juice</p>	<p>9</p> <p><b>AM Snack</b> Saltine Crackers Diced Peaches</p> <p><b>Lunch</b> Salisbury Steak w/ Rice Sweet Peas Diced Peaches Milk</p> <p><b>PM Snack</b> Chocolate Chip Cookies Pineapple Juice</p>	<p>10</p> <p><b>AM Snack</b> Ritz Crackers Mandarin Oranges</p> <p><b>Lunch</b> Fish Nuggets Mashed Potatoes Buttered Corn Milk</p> <p><b>PM Snack</b> Animal Crackers Grape Juice</p>	<p>11</p> <p><b>AM Snack</b> Graham Crackers Flavored Yogurt</p> <p><b>Lunch</b> Macaroni &amp; Beef Green Beans Diced Pears Milk</p> <p><b>PM Snack</b> Cheese &amp; Crackers Water</p>	<p>12</p> <p><b>AM Snack</b> Wheat Thins Applesauce</p> <p><b>Lunch</b> Chicken Nuggets Sweet Potato Puffs Broccoli w/ Ranch Dressing Milk</p> <p><b>PM Snack</b> Bagel w/ Cream Cheese Water</p>
<p>15</p> <p><b>CLOSED</b></p>	<p>16</p> <p><b>AM Snack</b> Saltine Crackers Mandarin Oranges</p> <p><b>Lunch</b> Macaroni &amp; Cheese Sweet Peas Diced Peaches Milk</p> <p><b>PM Snack</b> Assorted Muffins Orange Juice</p>	<p>17</p> <p><b>AM Snack</b> Ritz Crackers Diced Peaches</p> <p><b>Lunch</b> Sloppy Joe On Bun Tator Tots Buttered Corn Milk</p> <p><b>PM Snack</b> Oatmeal Cookies Fruit Punch</p>	<p>18</p> <p><b>AM Snack</b> Graham Crackers Flavored Yogurt</p> <p><b>Lunch</b> Beef Ravioli Mixed Vegetables Garlic Bread Milk</p> <p><b>PM Snack</b> Goldfish Crackers White Grape Juice</p>	<p>19</p> <p><b>AM Snack</b> Saltine Crackers Applesauce</p> <p><b>Lunch</b> Cheese Pizza Garden Salad Pineapple Milk</p> <p><b>PM Snack</b> Croissant w/ Jelly Water</p>
<p>22</p> <p><b>AM Snack</b> Vanilla Wafers Bananas</p> <p><b>Lunch</b> Breaded Chicken on Bun With Cheese Chicken Noodle Soup Applesauce Milk</p> <p><b>PM Snack</b> Nutri-Grain Bar Water</p>	<p>23</p> <p><b>AM Snack</b> Saltine Crackers Diced Peaches</p> <p><b>Lunch</b> Beans &amp; Franks Tator Tots Pineapple Milk</p> <p><b>PM Snack</b> Chocolate Chip Cookies Pineapple Juice</p>	<p>24</p> <p><b>AM Snack</b> Ritz Crackers Mandarin Oranges</p> <p><b>Lunch</b> Fish &amp; Cheese Sandwich Mixed Vegetables Diced Pears Milk</p> <p><b>PM Snack</b> Animal Crackers Fruit Punch</p>	<p>25</p> <p><b>AM Snack</b> Graham Crackers Flavored Yogurt</p> <p><b>Lunch</b> Lasagna w/ Meat Sauce Green Beans Diced Peaches Milk</p> <p><b>PM Snack</b> Cheese &amp; Crackers Water</p>	<p>26</p> <p><b>AM Snack</b> Wheat Thins Applesauce</p> <p><b>Lunch</b> Chicken Nuggets Sweet Potato Puffs Broccoli w/ Ranch Dressing Milk</p> <p><b>PM Snack</b> Bagel w/ Cream Cheese Water</p>
<p>29</p> <p><b>AM Snack</b> Vanilla Wafers Banana Pudding</p> <p><b>Lunch</b> Grilled Cheese Sandwich Tomato Soup Applesauce Milk</p> <p><b>PM Snack</b> Cheese-Its White Grape Juice</p>	<p>30</p> <p><b>AM Snack</b> Saltine Crackers Mandarin Oranges</p> <p><b>Lunch</b> Swedish Meatballs w/ Pasta Green Beans Diced Pears Milk</p> <p><b>PM Snack</b> Assorted Muffins Fruit Punch</p>	<p>31</p> <p><b>AM Snack</b> Ritz Crackers Diced Peaches</p> <p><b>Lunch</b> Fish Nuggets Mashed Potatoes Buttered Corn Milk</p> <p><b>PM Snack</b> Oatmeal Cookies Fruit Punch</p>	<p><b><u>MENU NOTES &amp; SUBSTITUTIONS</u></b></p>	